



Santé Seins & Os Breast & Bone Health

The Breast & Bone Health Program

Women treated for breast cancer have an increased risk for osteoporosis and fractures.

Launched in 2017, the Breast & Bone Health Program is a comprehensive online support resource for women affected by breast cancer.

This free program offers tips and hands-on tools to assist women in optimizing their bone health. This is particularly important for women who are taking aromatase inhibitors or other breast cancer treatments that may lead to bone loss. Examples include Anastrozole (Arimidex), Exemestane (Aromasin), Letrozole (Femara), Goserelin (Zoladex), tamoxifen before menopause, and/or ovary removal.

The information presented by the Breast & Bone Health Program is based on published recommendations and has been reviewed by patients and professionals alike. Tools for health professionals are also available through the program.

Be sure to refer your patients to this invaluable resource!

www.breastandbonehealth.ca

The Quebec Breast Cancer Foundation is proud to promote bone health in women with breast cancer through financial support from the Breast & Bone Health Program.

